

# THE SUNBECK CENTRE CAREERS PROGRAMME



TERM	CDI LEARNING AIMS	GATSBY BENCHMARKS	KEY STAGE 3	KEY STAGE 4	WHOLE SCHOOL	TRIPS
Autumn 1	<b>Grow Throughout Life</b> Learn and reflect on yourself, your background and your strengths	2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> <li>You will create a piece of autobiographical writing exploring who you are.</li> <li>You will complete a Careers module – ‘All About Me’</li> <li>You will learn how to keep yourself safe in different working environments (DT/Catering)</li> </ul>	<ul style="list-style-type: none"> <li>You will explore how to respond positively to help, support and feedback across all your subjects.</li> <li>Explore your rights and responsibilities in Citizenship</li> <li>You will complete a Careers module – ‘All About Me’</li> <li>Work Experience</li> </ul>	<ul style="list-style-type: none"> <li>1:1 Careers Tutorials – create your personalised Careers Action Plan</li> <li>The Army – careers talk and challenges</li> <li>Professional Athlete talk and boxing session – Joe Maphosa</li> </ul>	<ul style="list-style-type: none"> <li>Richmond Castle</li> <li>FE College Tours</li> </ul>
Autumn 2	<b>Explore Possibilities</b> Learn about recruitment processes and the culture of different workplaces  <b>Manage Your Career</b> Be active in your career management and make the most of opportunities and learn from setbacks	2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> <li>You will complete a Careers module called ‘What is a Job?’</li> <li>You will learn about routines and procedures in a working environment (DT/Catering)</li> <li>Kitchen hygiene and food safety skills in Catering.</li> </ul>	<ul style="list-style-type: none"> <li>Community and Volunteering module in Citizenship</li> <li>You will complete a Careers module called ‘What is a Job?’</li> <li>Work Experience</li> <li>Mental health and wellbeing module in PSHE</li> </ul>	<ul style="list-style-type: none"> <li>Employer talks/visits tailored to your interests available in the following areas: <ul style="list-style-type: none"> <li>Construction</li> <li>Hospitality</li> <li>Childcare</li> <li>Health</li> <li>Hair and Beauty</li> <li>Engineering</li> <li>Green Energy</li> <li>Logistics</li> <li>Public Services</li> <li>Leisure &amp; Tourism</li> <li>Retail</li> <li>Heritage Crafts</li> <li>Agriculture</li> <li>Animal Care</li> <li>Horticulture</li> <li>Land Management</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Library Visits</li> <li>FE College Tours</li> </ul>
Spring 1	<b>Create Opportunities</b> Be proactive and build positive relationships with others	2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> <li>You will complete a Careers module called ‘Why do we Work?’</li> </ul>	<ul style="list-style-type: none"> <li>You will complete a Careers module called ‘Why do we Work?’</li> <li>Work Experience</li> <li>Building for the Future module in PSHE</li> <li>Understanding community and identity in Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Northallerton Fire Station</li> <li>York Hospital (NHS)</li> <li>Council Chambers – County Hall</li> </ul>	
Spring 2	<b>Balance Life and Work</b> Balance your life as a worker with your wellbeing, other interests and your involvement with your family and community	2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> <li>You will complete a Careers module called ‘Jobs in the Community’</li> </ul>	<ul style="list-style-type: none"> <li>Law and Order/Finance module in Citizenship</li> <li>You will complete a Careers module called ‘Jobs in the Community’</li> <li>Work Experience</li> </ul>	<ul style="list-style-type: none"> <li>County Records Office</li> <li>FE College Tours</li> </ul>	
Summer 1	<b>See the Big Picture</b> Pay attention to how the economy, politics and society connect with your own life and career	2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> <li>You will complete a Careers Module called ‘Investigating Possible Career Options’</li> <li>You will learn digital literacy skills, including how to stay safe online and how to interpret information on the internet.</li> <li>You will explore how working practices and child employment has changed through history in Humanities</li> </ul>	<ul style="list-style-type: none"> <li>Global Citizenship</li> <li>You will complete a Careers Module called ‘Investigating Possible Career Options’</li> <li>Work Experience</li> <li>Understanding government and democracy in Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Thirsk Museum</li> <li>Lynchets, Thirsk</li> </ul>	

Summer 2		2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"><li>You will complete a Careers module called 'Finding Work'</li><li>You will explore career options in PSHE in the module 'Living in the Wider World'</li></ul>	<ul style="list-style-type: none"><li>You will complete a Careers module called 'Finding Work'</li><li>Work Experience</li><li>You will learn about the link between diet and wellbeing in Catering</li><li>You will learn about Rights and Responsibilities in PSHE</li><li>Employability and online presence module in PSHE</li></ul>		<ul style="list-style-type: none"><li>Duncombe Park &amp; Helmsley Castle</li></ul>
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