

Year 7

Students will be introduced to the core skills for each sport and begin to practise them in a variety of situations. Learning is focused on developing basic skills and knowledge of the main rules and they will build up to more competitive situations as they improve their individual skills (e.g. a 5-a-side game, a 100m race). Students should be regularly questioned about previous learning at the start, during and end of the lesson to demonstrate good levels of retrieval.

National Curriculum: Use a range of tactics and strategies to overcome opponents in direct competition through team games.

Analyse performances compared to previous ones and demonstrate improvement to achieve personal best.

	Verbal questioning Ongoing Practical assessment	Verbal questioning Ongoing Practical assessment	Verbal questioning Ongoing Practical assessment	Verbal questioning Ongoing Practical assessment	Verbal questioning Ongoing Practical assessment	Verbal questioning Ongoing Practical assessment
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Year 8

All activities build on prior learning from Year 7 and challenge students to develop skills and gain new knowledge, applying them in increasingly competitive situations. Students should be regularly questioned about previous learning at the start, during and end of the lesson to demonstrate good levels of retrieval.

National Curriculum: Use a range of tactics and strategies to overcome opponents in direct competition through team games.

Analyse performances compared to previous ones and demonstrate improvement to achieve personal best.

Year 9

Students will improve and further consolidate their knowledge and understanding of each Value/Vision, applying them to more pressurised situations. Students will apply their core sports skills to competitive situations. Students will start to analyse the performance of others as well as themselves. there is a shift in terms of the complexity of skills and concepts, as well as tactics, in line with the students' physical and mental maturity. This should enable students to make more informed decisions and make independent choices as an individual or as part of a team to help overcome and outwit the opposition

National Curriculum: Use a range of tactics and strategies to overcome opponents in direct competition through team games.

Analyse performances compared to previous ones and demonstrate improvement to achieve personal best.