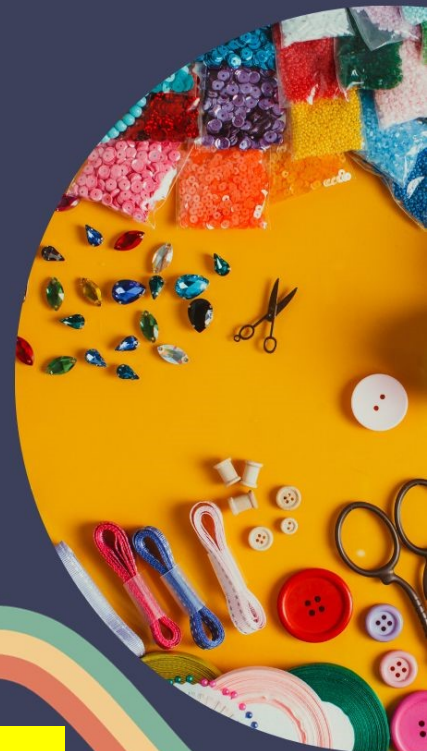


RENEW FOR YOUTH

Renew Youth is a weekly wellbeing session for young people, to encourage your emotional wellbeing and good mental health. It is based at The Living Rooms in Northallerton.

It is a safe space with new friends, food, caring adults, fun, creativity, listening and space just to be, with optional prayer.



EVERY WEDNESDAY IN TERM TIME

3:30-5:00pm

To find out more email Chloe at:
chickford@thelivingrooms.org.uk