

Key Stage 3	Year 10	Year 11
<p>Topics covered</p> <p>Money</p> <p>Gaming</p> <p>Relationships</p> <p>Mental Health</p>	<p>Topics covered</p> <p>Relationships</p> <p>Body image in the digital age</p> <p>Mental health</p> <p>Sexting – sharing sexual images</p> <p>Pornography</p> <p>Stereotypes</p>	<p>Topics covered</p> <p>Relationship</p> <p>British values</p> <p>Rules of law</p>
<p>YEAR 9</p> <p>I am aware of a range of mental health issues including self harm</p> <p>I am aware of a range of different healthy relationships both on and offline, including those within families, friendships and romantic</p> <p>I know what consent means in relation to sexual intercourse and other activities and that being pressured, persuaded, coerced into something is not 'consent</p> <p>I can manage a personal budget and contribute to household and school budgets and can provide examples of this</p> <p>YEAR 8</p> <p>I understand the expectations that having a partner might bring</p> <p>I can recognise the qualities and features of a positive relationship both on and offline (trust, respect, boundaries,</p>	<p>I have strategies for managing a range of emotional and mental health issues including accessing a range of sources of support and help, this includes talking to a trusted adult either within or outside of school</p> <p>I am able to deal with change including managing strong feelings and emotions</p> <p>I understand what 'being resilient' means to me and I can demonstrate a range of positive coping strategies to keep myself emotionally healthy</p> <p>I can recognise and manage my feelings about body image and the media's portrayal of idealized and artificial body shapes and understand the health risk and issues related to this, including cosmetic surgery</p> <p>I have further considered the terms associated with sex, gender identify and sexual orientation (lesbian, gay, bisexual or</p>	<p>I understand the characteristics and benefits of positive, strong, supportive, equal relationships and how to manage the end of a relationships that is not right for me</p> <p>I know that living together, marriage and civil partnerships are ways that people freely and without coercion, demonstrate their commitment to each other</p> <p>I have an awareness of exploitation, bullying, harassment and abusive relationships and how to respond so I am not in a unhealthy relationship whether that is with a partner, friend or work colleague</p> <p>I am aware of the impact of domestic abuse and know how to access support and help</p> <p>I recognise the skills and qualities required for parenthood (including the implications of young parenthood)</p> <p>I understand the characteristics and benefits of positive, strong, supportive, equal</p>

<p>privacy, consent) and I am able to positively act upon the signs when a relationship is not Healthy</p> <p>YEAR 7</p> <p>I am aware of the benefits of rationing time online and the impact of positive and negative content online on mine and others mental and wellbeing</p> <p>I am aware of the risks in the on-line world and I have ensured that I am protecting myself as I understand how data is generated, collected, shared and used on line</p> <p>I understand that any material a person provides on line has the potential to be shared and therefore may always be accessible on line and that I have a responsibility not to share my own or other people's personal material or information</p> <p>I understand the function and uses of money</p> <p>I know the difference between a credit and debit card.</p>	<p>trans) and are aware of accepted terminology and the expectations of the Equality Act 2010. I can recognise when a relationship is unhealthy (abuse or exploitation) and have strategies to seek help</p> <p>I recognise the portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography) and its impact on views of a healthy sexual relationship</p>	<p>relationships and how to manage the end of a relationships that is not right for me I know that living together, marriage and civil partnerships are ways that people freely and without coercion, demonstrate their commitment to each other</p> <p>I have explored the diverse national, regional, religious and ethnic identities in the UK and understand the need for tolerance, mutual respect and understanding.</p> <p>I understand the legal system in the UK, different sources of law and explored a topical issue which demonstrates how the law helps society deal with complex problems</p> <p>I understand some of the ideologies behind some extremist groups and know how to challenge them with a counter-narrative I have explored issues in relation to human rights and international law and have considered the needs for checks and balances in relation to freedom of speech in the context of radicalisation and extremism</p>
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Taken from NYCC PSHE and Citizenship Entitlement Framework Key Stage 3 - 4

<https://cyps.northyorks.gov.uk/sites/default/files/Teaching/Health%20and%20Wellbeing%20PSHE/Amalgamated%20Health%20and%20wellbeing%20PSHE/NYCC%20Key%20Stage%203-4>

Curriculum Plan PSE 2022

[4%20PSHE%20and%20Citizenship%20Guidance%20for%20schools%20September%202017.pdf](#)